

The Artful Life Sicily Itinerary

November 5 - 12 2020

Day 1 Saturday Nov 9: Arrival at Salinara

Pick up at Palermo airport or Trapani Birgi airport at agreed time.

Settle into rooms at Villa Salinara www.salinara.com

6:00 pm Meet with Doug, Mary Lee and staff. Introduction of the program, the tours and visits planned for the week.

7:30 pm [Sicilian welcome dinner at the Villa](#)

Day 2 Sunday Nov 10: Introduction to Painting

8:30 - 9:30 am Breakfast

9:30 *Daily announcement.*

10 - 12 Introduction to the workshop week. Get acquainted with materials and techniques. Painting at the villa.

12:30 pm [Lunch at the Villa](#)

2:00 - 5:00 pm Painting at the villa.

5:15 pm Free time for strolls along the sea shore, etc.

7:30 pm Wine tasting with our host, Yumi Igarashi. A passionate sommelier, Yumi will introduce us to the history of Marsala wines, accompanied by delicious local cheese, salami, olives & sun-dried tomatoes, followed by a [light dinner at the villa.](#)

Day 3 Monday Nov 11: Visit the Charming and Historical Village of Erice

8:30 - 9:30 am Breakfast

9:30 *Daily announcement.*

10 am Depart for Mount Erice. A stunning panoramic drive, with stops for beautiful sea views, will take us to the medieval village of Erice, located on top of Mount Erice, around 750m above sea level, overlooking the city of Trapani, the dramatic Punta del Saraceno and San Vito Cape and the Egadi Islands. Strolling through the town with while visiting famous Sicilian bakeries specializing in almond pastries.

1 pm [Lunch on your own in Erice](#)

3 pm** Return to the Villa for painting, free time, and [pizza dough preparation for Monday dinner.](#)

7:30 pm [Dinner at the Villa prepared by Mary Lee & villa chef.](#)

The Artful Life Sicily Itinerary

Day 4 Tuesday Nov 12: Visit the Ancient Salt Pans and Windmills & Mozia

- 8:30 - 9:30 am Breakfast
- 9:30 *Daily announcement.*
- 10 - 12:00 Painting at the villa.
- 12:30 pm *Light lunch at the Villa prepared by Mary Lee & villa chef.*
- 2:00 - 5:30 pm Visit the windmills in a Natural Preserve. About 2,700 years ago the Phoenicians created the first salt pans. Today, it has become the most important area of salt making in Europe. Visit the salt museum & boat tour to the island of Mozia.
- 5:45 pm Stop for a sunset views at a bistro near the salt pans.
- 7:30 pm *Dinner at the villa by prepared by Mary Lee & villa chef.*

Day 5 Wednesday Nov 13: Archeological Museum & the Historic Center of Marsala

- 8:30 - 9:30 am Breakfast
- 9:30 *Daily announcement.*
- 10:30 - 12:30 pm Depart for a visit to the Archeological Museum and city of Marsala. The museum exhibits the wreck of a Punic ship and illustrates the history of ancient Marsala. From there we'll continue to the historic center of Marsala. The name of the town derives from the Arabic "Marsa Allah", meaning "Port of God". Before the Arabs, however, were the Romans, and before the Romans the Carthaginians. Lilibeo (ancient Marsala) was built in 396BC. Historic Marsala is filled with great shopping opportunities.
- 1 pm *Lunch on your own in Marsala.*
- 4 pm Return to the villa for relaxing & painting as desired.
- 6:30 pm *Pizza dinner at the Villa prepared by villa chef, Mary Lee and the students.*

Day 6 Thursday Nov 14: Tour of Archeological Park at Segesta

- 8:30 - 9:30 am Breakfast
- 9:30 *Daily announcement.* Leave for Segesta at 9:45am.
- 11:00 - 1:00 pm Just outside the ancient city of Segesta lies an unusually well preserved Greek Doric temple, thought to have been built in the 420's BC. The Ancient Greeks had a very good eye for where to build, making the settings of the Temple and ancient Greek Theatre simply breathtaking, with views that stretch right down to the sea.
- 1:00 - 2:30 pm *Lunch near the archeological park.*
- 7:00 pm *Dinner: Arancini making with villa chef, Mary Lee and the students.*

The Artful Life Sicily Itinerary

Day 7 *Friday Nov 15: Final Day, Winery Tour, and Farewell Dinner*

- 8:30 - 9:30 am Breakfast
- 9:30 *Daily announcement.*
- 10 - 12:15 pm Painting at Villa or making traditional couscous with Maria.
- 12:30 pm *Light lunch at the villa prepared by villa chef & Mary Lee*
- 2 pm - 5:00 pm Visit the Marco De Bartoli winery for a wine tour and tasting.
www.marcodebartoli.com. (or similar location)
- 5:00 - 7:00 pm Return to the Villa for wrap up and packing.
- 7:30 pm **Final Sicilian dinner at Villa.**

Day 8 *Saturday November 16: Departure*

- 8:30 - 9:30 am Breakfast
- Departure from the Villa by 11:00 am**

Please note that to ensure the best possible experience we must keep our schedule flexible. The daily itinerary is subject to change depending on the weather.

The Artful Life 2020 Program Details

Duration: 7 nights, 8 days.

Time of year: November 5 – 12 , 2020

Services included:

- Accommodation
- All Sicilian breakfasts, most lunches and all dinners.
- Tuition fees
- Some painting materials (paint & travel palette)
- Wine tasting at the villa with Yumi Iragashi
- Tickets for the Boat Trip to Mozia & Archeological Park
- Tickets to the Archeological Museum of Marsala
- Tickets to Archeological park for the Greek Temple at Segesta
- Wine tour and tasting at Marco de Bartoli Winery or similar location.
- All local transportation to and from day trips
- Pick-up at Palermo airport on the first day. We will organize precise pick-up times to fit in with our guests' flight arrivals times, arrivals after 6pm for an extra fee.
- Transfer to Palermo airport on the last day, but precise timing will depend on our guests' flight times

The Artful Life Sicily Itinerary

Not included:

- Airfare
- Travel Insurance
- 3 lunches: one in Erice, Marsala & Baglio Segesta
- Any personal expenses
- Painting materials (*brushes & paper*)

The course is conducted in English with translation into Italian and Japanese by request.

For further information on booking and prices contact Mary Lee

at tlcontemporary@mac.com or (406)431-5866

or visit our website at www.turmanlarison.com