

“The Artful Life Sicily”

A painting, cultural, and culinary adventure on the Island of Sicily with Doug Turman and Mary Lee Larison

November 9 - 16 2019



Sicily is like a dream, colorful sunsets, olive groves, vineyards, picturesque villages with narrow streets, churches, a never ending range of restaurants and cafés, blue skies and beautiful nature, jovial, kind and friendly people, traditional foods and great local wine. A mixture of history, art, culture, and nature form a unique atmosphere that stimulates creativity. “The Artful Life” workshop is a relaxing way to explore that creativity through watercolor painting and cooking. Your hosts, Doug and Mary Lee, will share their love of Italy and their skills in watercolor painting, and cooking. The Artful Life itinerary includes several day trips which will take us to beautiful locations rich in history and culture such as the ancient towns of Erice, Marsala, and the Greek temple at Segesta.

About the presenters:

Doug Turman is an accomplished painter of watercolor, oil, and acrylic. He has exhibited in galleries and museums, and has works on all seven continents. Doug has taught at the University level and as a workshop instructor. His philosophy of teaching seeks to accommodate students of all abilities, helping them find their individual creative strengths and deeper levels of expression through observation and enjoyment of the art of painting.



Mary Lee Larison is a passionate cook and culinary explorer, having worked in professional kitchens and as an avid “student” of master chef’s in the US and Italy. To participate in the “culture of the kitchen” is at the core of her culinary philosophy. Her teaching style brings enthusiasm and a desire to share her experience with others.

For over 16 years Doug and Mary Lee ran a successful contemporary art gallery in Helena, Montana. Each year they travel to different parts of Italy, enhancing their appreciation of Italian culture and cuisine. Their passion is to share their love of Italy with friends and students alike and to help others create an *Artful Life*.

Watercolor

All abilities are welcome and encouraged to attend. Watercolor painting is basically very simple - paint, water & paper. Easy to start, difficult to master. The challenge is part of the enjoyment. You will do fine, even if you are a complete beginner.



For more advanced painters, your issues are almost 80% psychological in my experience. “I want to loosen up” is a common goal. This usually requires looking at some work habits that may over time have become more limiting than productive. The length of the workshop will allow enough time to give these issues the personal attention they require.



Cooking

Whether you prefer a “hands on” experience in the kitchen or would rather observe, you will always be welcome in the kitchen! With the help of Mary Lee, and a few of her Italian cooking friends, we will create delicious meals to share. Locally sourced ingredients paired with a variety of Sicily’s delicious wines will be a highlight at each meal.

Villa Salinara

Located in the extreme western tip of Sicily, along the route that the Phoenicians laid, and in the seas where Ulysses once ventured. This magical landscape has an abundance of windmills, salt pans, tuna fishing, several islands and pristine beaches. Villa Salinara is in an incredible natural setting in the heart of the “Natural Preserve of Stagnone Islands”. The ancient and unchanged beauty of Sicily is reflected in the architecture of this old country house. From the bedrooms you can enjoy a splendid view over orange groves and vineyards, with the magical colors of the Mediterranean Sea, which is a few hundred meters from the house. In front of the villa there is a garden with different varieties of organic vegetables and home hens for fresh eggs for our guests.



Our ultimate hope with the Artful Life Workshop is that you will come away rejuvenated with a joyful sense of the pleasures of creativity and good company.

The Artful Life 2019 Program Details

minimum 8, maximum 10 students.

Duration: 7 nights, 8 days.

Time of year: November 9 - 16, 2019

Services included:

- Accommodation
- All Sicilian breakfasts, most lunches and all dinners.
- Tuition fees
- Some painting materials (paint & travel palette)
- Wine tasting at the villa with Yumi Iragashi
- Tickets for the Boat Trip to Mozia & Archeological Park
- Tickets to the Archeological Museum of Marsala
- Tickets to Archeological park for the Greek Temple at Segesta
- Wine tour and tasting at Marco de Bartoli Winery or similar location.
- All local transportation to and from day trips
- Pick-up at Palermo airport on the first day. We will organize precise pick-up times to fit in with our guests' flight arrivals times, arrivals after 6pm for an extra fee.
- Transfer to Palermo airport on the last day, but precise timing will depend on our guests' flight times

Not included:

- Airfare
- Travel Insurance
- 3 lunches: one in Erice, Marsala & Baglio Segesta
- Any personal expenses
- Painting materials (*brushes & paper*)

For further information on booking contact Mary Lee at tlcontemporary@mac.com or (406)431-5866

Prices for the workshop package of seven nights at Villa Salinara, November 9 - 16, are listed below. Pick-up for the workshop will be at Palermo Airport at a scheduled time on November 9, 2019, unless other arrangements are made and confirmed when booking.

******You may wish to extend your trip by adding additional days, prior to or at the end of the workshop, to explore Palermo, Marsala, or other parts of Sicily. If you would like assistance arranging travel, assistance is available for a small extra charge.

Cost: Please note that prices listed are in euros, the dollar amounts will vary according to the monetary exchange rate at the time your payment is made.

The Artful Life - Sicily 2019 Price List (in euros)

Depending on the type of accommodation you choose the cost is as follows:

Antica Residenza (3 rooms)

Antica Residenza is at garden level. There are 3 double bedrooms, one with an en suite bath. The other two rooms share a bath. There is a lovely central dining area with stone fireplace and a prettily decorated kitchen equipped with gas stove top, oven, and fridge-freezer.

Antica Residenza 1 (single or double room with private bath)

- Single: € 2600 single occupancy
- Sharing: € 2350 per person sharing

Antica Residenza 2 (single or double room with shared bathroom)

- Single: € 2500 single occupancy
- Sharing: € 2250 per person sharing
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Antica Residenza 3 (single or double room with shared bathroom)

- Single: € 2500 single occupancy
- Sharing: € 2250 per person sharing

2nd floor of the villa

There are **3 rooms** with private bathrooms. All rooms share a large roof terrace with sea and garden views.

Perricone (single or double room with private bathroom & kitchen)

- Single: € 2700 single occupancy
- Sharing: € 2450 per person sharing

Mediterraneo (single or double room with private bathroom)

This room has a small sea view balcony.

- Single: € 2650 single occupancy
- Sharing: € 2400 per person sharing

Antica Dimora (single or double room with private bathroom & loft bedroom)

- Single: € 2650 single occupancy
- Sharing: € 2400 per person sharing

Independent Apartments

Acqua Santa House (single or double room with private bath)

De luxe independent accommodation with double bed and large en suite shower room. Kitchenette and private garden area.

- Single: € 2700 single occupancy
- Sharing: € 2450 per person sharing

Spezie House (single or double room with private bath)

De luxe independent accommodation with a double bed on the mezzanine. En suite bathroom with shower, a kitchenette and living area. The entrance is located at the rear of the villa, with a private patio seating area.

- Single: € 2700 single occupancy
- Sharing: € 2450 per person sharing

Poet House

De luxe independent accommodation with en suite bathroom with shower and large front patio. On two levels with kitchenette and dining-living area and a stunning sea view on the second level.

- Single: € 2800 single occupancy
- Sharing: € 2550 per person sharing

****Please note that because lodging is in a historical villa, rooms are not standard size, and some will have shared bathrooms. At your request, we will be happy to provide detailed description and images of the rooms available. Please visit the villa's website for images of specific accommodations. <http://www.salinara.com>.**

To sign up for the Artful Life Workshop, a € 500 deposit is requested. Final balance is due 30 days prior to the start of the workshop (October 9, 2019). Early registration also gives you your 1st choice of rooms. Reserve your place early, so you don't miss out!

For booking the workshop or question please contact Mary Lee at 406-431-5866 or email at tlcontemporary@mac.com

Cancellation Policy

Cancellations will have the following refunds:

From the day of deposit to 30 days at 12:00 pm CET before the start of the workshop: 50% of deposit will be refunded.

Past 30 days at 12:00 pm CET to the day of the start of the workshop: 50% of total paid will be refunded.

7 days before at 12:00pm CET to the day start of the workshop: no more refunds.